



# USE OF OZURDEX® IN THE TREATMENT OF MACULAR HOLE AND CYSTOID EDEMA SECONDARY TO POSTERIOR VITRECTOMY: A CASE REPORT

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# **PURPOSE**

To report the clinical outcomes of using Ozurdex® to treat macular hole and cystoid edema secondary to posterior vitrectomy.

## CASE REPORT

- Male patient, 71 year old;
- Hypertensive;
- Low visual acuity (VA) and metamorphopsia in the left eye (OS) for about 6 months;
- Best correct visual acuity (BCVA): OD: 20/30; OS: 20/150;
- Biomicroscopy exam: nuclear cataract +1-+2 in both eyes (OU);
- Fundoscopy: OU narrowed vessels; OS macular brightness change

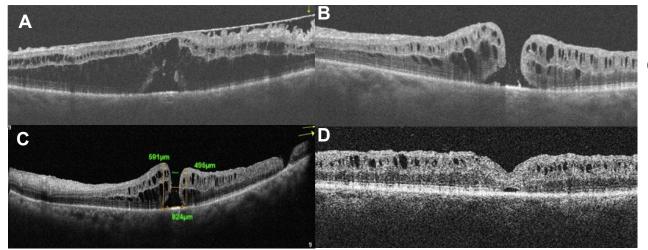


# **CASE REPORT**

- Optical coherence tomography (OCT) of the macula:
  - ✓ OS : ERM grade 3 and a pseudohole;
- Patient underwent phacoemulsification, vitrectomy, 20% SF6 gas infusion, and Ozurdex®;
- Immediate postoperative period:
  - ✓ macular hole and cystoid macular edema, which was initially treated with Cetrolac® and weaned from Ster®.
- The edema did not improve after 1 month of clinical treatment; a new Ozurdex<sup>®</sup> implant was performed;
- After 1 month, the patient evolved with a significant improvement in the edema and resolution of the hole;
- Final VA with a correction of 20/100;



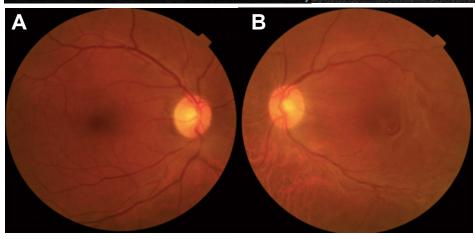
# **CASE REPORT**



#### **OCT** images of the left eye:

A - Epiretinial membrane grade 3; B - Macular hole after vitrectomy; C - Macular hole measures;

**D** - After ozurdex treatment. BCVA final 20/100.



**Retinography:** A – Retinography of right eye; B – Retinography of left eye with macular brightness change

### DISCUSSION

• Macular hole is one of the complications that may occur in vitrectomy<sup>1-3</sup>. In the present case, the patient who developed a macular hole with cystoid edema after vitrectomy improved significantly with ozurdex®. Future studies should be encouraged to prove the use of Ozurdex as an alternative for treating edema and closure of the macular hole.

## REFERENCE

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- 2. Ishibashi T, Iwama Y, Nakashima H, et al. Foveal crack sign: an OCT sign preceding macular hole after vitrectomy for rhegmatogenous retinal detachment. 2020. American Journal of Ophthalomology . 218: 192-8.
- 3. Tang B, Yeow C, Harney F. Safety and Effectiveness of Intravitreal Dexamethasone Implant (Ozurdex®) for the Treatment of Refractory Cystoid Macular Oedema (CMO) in Galway University Hospital. 2022. T Open Ophthalmol Journal. 16:1-5.

